

Bexhill	Bexhill Swimming Club	Vanessa Tillett bexhillswimmingclub@hotmail.com 0845 643 6212
Brighton	Spiral Goldfins	Chris Page 01273 295180
	Marlin Swimming Club	Mrs M E Varney 01273 416600
Burgess Hill/ Haywards Heath	Dolphins (Mid-Sussex Marlins SC)	Pauline Draper pauline.draper@pentire.co.uk
	Starfish (Mid-Sussex Marlins SC)	Peter Heeley peterheeley@btinternet.com
Eastbourne	Sovereign Swimming Club for disabled people	Bob Gausden www.gausden.com/swim swim@gausden.com
East Grinstead	Tadpoles Swimming Club for the disabled	Dave Davis info@tadpoles/info www.tadpoles.info
Haywards Heath	Seahorses	Veronica Carter 01444 482842
Horsham	Sunbeam Swimming Club for the disabled	Robin Ayres 01403 253200
Littlehampton	Arun Dolphins Swimming Club	Joyce Adams adaj512@aol.com
Shoreham-by- sea	Impulse Wadurs	Simon Bunn 01273 238000
Worthing	Sussex Squids	George Eames 01903 754429
	Scope - for pre-school swimming	Amanda Brewis 01903 771978 abrewis.wscope@tiscali.co.uk
	Worthing Disabled Swimming Club	William D Joyce-Evans 01903 773744 jcallisto5@aol.com