# Rules of the SUSSEX SWIMMING LEAGUE founded 1988

**1. OBJECTIVES.**

a) To provide a competition between Sussex clubs arranged in the manner described herein.
b) To provide a competition that clubs with varying objectives can compete in to satisfy their individual needs and to produce Division One and Division Two champions.
c) To provide a competition for young swimmers that they will both enjoy and find beneficial to their swimming development.

**2. ORGANISATION.**

a) A committee consisting of one delegate from each competing club plus one member drawn from the Sussex County A.S.A. committee who shall chair the league meetings, shall govern the League.
b) A sub-committee, comprising the Chair & Secretary would decide on any matter occurring during the year with full reference to any or all clubs involved. 1 vote per team is allowed for any vote required at the AGM.

.

**3. A.G.M.**

The Annual General Meeting of the League shall be held by December in the year of the competition for the purposes of Electing officers, reviewing and carrying out business and dealing with proposals for any rule changes requested by any member club.

**4.** Clubs shall pay an affiliation fee to cover administration costs. This fee may be waived if funds held are Adequate.

**5.** In the event of the dissolution of the League, any remaining funds shall be transferred to a charity as decided by the constituent clubs or transferred to the Sussex County ASA.

***6.*** Gala dates shall be set at the AGM or as early as possible and all galas shall be swum in 8 lane 25m pools.

**7.** Ages for the competition shall be as at the final gala set each year at the AGM.

**8.** The programme for all teams shall contain:-

50m Individual races on all four strokes for U/12 & U/14
100m individual races on all 4 strokes for U/16 & Open.
100m Individual Medleys for U/12, U/14, U/16 & Open.
Mixed Medley and freestyle relays U/12, U/14, U/16 and Open.
A freestyle squadron relay incorporating all 4 ages, swum as the last race of the programme in ascending age order of Female-Open/Male. All relay races shall be 50m for each leg,
Swimmers are allowed to be entered into as many races as the team requires.
Swimmers are allowed to "Swim Up" in any event.

**9. Division 1**

In Division 1, each team will require two swimmers per event for individual races and lanes will be allocated from the normal lane seeding process for galas into 2 heats.
The relay races will be swum as Mixed relays with 2 teams for each event. These may be entered with times for seeding purposes but if NT entries are submitted, then they will be randomly seeded and swum in 2 heats.
The Final event, the Squadron relay, shall be one team per club swum as 1 heat.
Gala points will be awarded as follows: - 1st 8 points, 2nd 7points 3rd 6 points,
4th 5 points, 5th 4 points, 6th 3 points 7th 2 points 8th 1 point.
The team, achieving the greatest number of points will be declared champions for the year. Should there still be a tie then the winning team will be chosen on countback through places of the gala and the team with most 1st places being the winner. If necessary the lower placings will be counted until a winner is finally found. The club with the lowest number of gala points will be relegated to division 2 for the following season. (Subject to section 11***)
Clubs in Division 1 are expected to organise 2 non technical helpers and 3 licensed officials, these to be J1T minimum, to assist in the running of the meet.
Officials with higher qualifications will of course be needed and clubs are expected between them to provide 2 Referees, 1 x J2s 2 x J2 & 12 x J1t between them. These will be organised by the lead Referee for the gala.

**10.** **Division 2**

In Division 2, each team will require one swimmer per event for individual races and lanes will be allocated from the finish of the previous years competition, as highest place team in Lane 4, next place in lane 5, on so on as follows 3, 6, 2, 7, 1, 8. The team relegated from div 1 will be counted as the highest placed team and allocated lane 4.

Gala points will be awarded as follows: - 1st 8 points, 2nd 7points 3rd 6 points, 4th 5 points, 5th 4 points, 6th 3 points 7th 2 points 8th 1 point.

The relay races will be swum as Mixed relays 2 Male & 2 Female with one team for each event.

The Final event, the Squadron relay, shall also be one team per club (see section 9)

The team with the highest total of accumulated league points shall be declared the Division 2 winner and be promoted to division 1 for the following season.

***The promotion is not compulsory and the winning team may, if they wish, reject the promotion. This will then be offered to the 2nd placed team. If neither wishes to be promoted then the relegation from Division 1 will not take place***

In the event of an equal number of points then the winning team will be chosen on countback through places at the gala and the team with most 1st places being the winner. If necessary, the lower placings will be counted until a winner is finally found

Clubs in Division 2 are expected to organise 2 helpers to assist in the running of the meet.

3 licensed officials should be provided by each club these to be TK minimum,

Officials with higher qualifications will of course be needed and clubs are expected between them to provide 2 Referees, 1 x J2s 2 x J2 & 12 x J1t between them. These will be organised by the lead Referee for the gala.

**11.** Swimmers who have competed for a club in any one year's competition may not swim for another club in that year's competition. No swimmer may compete in both Division 1 & Division 2 galas on the same day. All swimmers must be members of the club they are representing and the penalty for any club contravening these conditions is the loss of all their points, involving any such swimmer, for that gala.

If a swimmer is registered with more than one club competing in the competition, it is their right under Swim England law, to choose which club they wish to represent. As a matter of courtesy, they must inform all clubs concerned, of their choice in advance of the season.

**12.** Clubs shall submit their team sheet to the gala organiser through the normal Hy-Tek system. These team entry files to be sent by 7.00 pm on the day prior to the gala. Changes on the day can be made (on the official form) within 10 minutes of the commencement of the warm up and these changes must be handed to the gala recorder to correct the gala file prior to the heat sheets being produced. Any changes after that may only be made due to illness or injury and the swimmer being replaced must be removed from every event they are entered into by using the official form. These changes will be entered into the MM system and the form then passed to the appropriate lane timekeeper. Any change of swimmer not notified in the above manner will result in disqualification for that swimmer in an individual event or the relay team containing that swimmer.

Relay teams do not need to swim in the declared order but all swimmer names must be declared. The squadron relay must swim in the age order as shown in rule 8.

**13.** Teams wishing to join the league must register their intent with the league secretary for submission at the AGM. If there is a waiting list for entry to the league, at the end of the following league season the team finishing last in Division 2 shall be demoted to the bottom of the waiting list and the team at the top of the waiting list shall be promoted to Division 2.

**These rules were distributed on 27h October 2025 Please destroy all previous copies.**

# Specific Licensed Gala conditions

Sussex League Division 1 galas will be licensed at Level 3 & Division 2 galas will be licensed at level 4 and all individual times will be submitted to the national rankings.
The competition is only open to teams registered with the Sussex league.

Ages for all swimmers will be as at the date of the gala. Only club Compete registered swimmers who are aged 9 years or older by that date may compete in Division 1. Swimmers who are registered as club Train & who are 8 years old on the day of the meet may compete in Division 2.

All competitors must be members of the club they are representing and be registered with Swim England.
The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering swimmers in the 'Female' category, clubs confirm that their birth sex is Female.

Clubs are required to provide adequate poolside supervision as laid out in the current Swim England poolside supervision regulations.

Warm up will be in club specific lanes as advised and coaches/Team managers must supervise their own swimmers.

Clubs are required to ensure that they have 3 licensed officials in attendance, appropriate to the license level. The organising committee will also arrange with clubs that all other necessary officials are engaged for the gala. All officials must be currently Swim England licensed.

Teams must be submitted in the required Hy-Tek format by the date set by the host club. Changes to those teams are permitted prior to the gala by submitting an updated team file. Any changes on the night must be made using the official change of swimmer form. This must be handed to the Referee who will, upon agreement, hand it to the recorder to update the meet management system.

## Data Protection

Swim meet entries will be managed on a computer. By submitting entries, consent is thereby given as required under GDPR to the holding of personal information on a computer.
Some personal data including submitted and recorded times may be made public before, during & after the meet**.**

## Photography

Photographs/videos may be taken at this meet by coaches & team managers. By entering this meet clubs agree to these photographs/Videos being taken. Personal photography is also permitted and should adhere to Swim England Wavepower guidelines. No photography of any type is allowed in the changing areas and mobile phone use is also prohibited in the changing areas.

All galas are being run by Hy-Tek meet management software and AOE will be in operation. It is expected that meet mobile will be operated at these galas but this is of course dependant on the internet connection being adequate.

Competitors are advised not to leave their belongings unattended. Neither the League nor the centre operators accept responsibility for any lost or damaged items.