Conditions for claiming a Sussex County ASA swimming record

1. There shall be separate LC and SC records for Female & Open/Male swimmers, with u/14, u/16 and open classifications. U/14 and U/16 records are set using the swimmers age on the date the record is made.
2. Records will only be recognised if they are made by eligible competitors who are members of Sussex clubs affiliated to the Sussex County ASA and are swimming for that club. If swimming in a competition as a member of the Swim England South East Region team or swimming as a member of a national squad then records may still be claimed.
3. Records should be claimed on the official form provided on the Sussex County ASA website and a record achieved in any licensed event in a certified pool will be automatically accepted. This does not preclude a swimmer from claiming a record at any other appropriate event but must be ratified by the administrator. Claims should be made within 30 days of the swim.
4. The pool shall be 25metres in length for Short Course (SC) records and 50metres for Long Course (LC) records.
5. For all records the start and finish shall be at an end of the pool.
6. Conversions from LC to SC or vice-versa are not acceptable for records.
7. County relay records will only be recognised if all swimmers in the team are members of and swimming for a single club. Squad teams (combined members of different clubs under a separate team name) are not eligible for records. All relay records must have the certified swimming order and split times shown on the claim form, for acceptance.
8. Records will only be recognised at competitions recorded with full AOE. Should the AOE fail, and a meet continues with manual timing, then unless the current Swim Ebgland regulations for recording with manual timing are in place, swims will not be recognised for record purposes.

The following distances will be recognised for County Records:

9. Individual events:

Freestyle	50m	100m	200m	200m	400m	800m	1,500m
Backstroke	50m	100m	200m	200m			
Breaststroke	50m	100m	200m	200m			
Butterfly	50m	100m	200m	200m			
Individual Medley	50m	100m	200m	200m			

10. Team events:

Open	LC	Female & Open/Male	4 x 200m Freestyle & 4 x 100m Freestyle & Medley events
Junior (U16yrs)	LC	Female & Open/Male	4 x 200m Freestyle & 4 x 100m Freestyle & Medley events
Open	SC	Female & Open/Male	4 x 100m Freestyle & 4 x 100m Medley events
Junior (U16yrs)	SC	Female & Open/Male	4 x 50m Freestyle & 4 x 50m Medley events
12/13yrs	SC	Female & Open/Male	4 x 50m Freestyle & 4 x 50m Medley events
10/11yrs	SC	Female & Open/Male	4 x 50m Freestyle & 4 x 50m Medley events

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